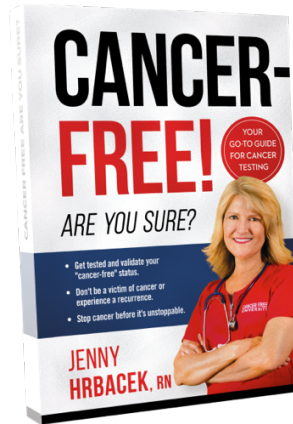


Cancer Free University
presents

LIVING
CANCER
FREE
Resources

from the Living Cancer Free Made Simple e-resource

Resources to help you LIVE Cancer FREE!



CANCER FREE UNIVERSITY

"If cancer has invaded your life, or the life of someone you love, you need Cancer Free University."

Websites

Cancer Free University

Find information from over 70 experts who are successfully helping people prevent and recover from cancer. Information is easy to understand, on-line, and on-demand.

www.CancerFreeUniversity.com

Cancer Free Coaches

The website of Jenny Hrbacek. Jenny is a registered nurse, cancer educator, speaker and survivor. Find lots of helpful information. Everything from how to find an integrative physician to information on cancer testing that may save your life.

www.CancerFreeCoaches.com

Chris Best Cancer

Chris Wark is a 13-year cancer survivor. Visit his powerful blog about healing cancer with nutrition and natural therapies. Also, check out his "Square One" cancer coaching program.

www.Chrisbeatcancer.com

The Stern Method - Formerly known as MyKidCuresCancer

Ryan Sternagal shares how he and his wife navigated the cancer world and built a personalized support protocol for their 1 year old son after he was diagnosed with neuroblastoma. Learn

what they did, and how they did it! Today, Ryder is a thriving 4-year old! Also, check the sites pod cast with leading experts and extensive video diaries of Ryders journey.

www.TheSternMethod.com

Alternative Cancer Doctors and Clinics

Source of many health articles. Partial directory of practitioners U.S. and worldwide.

www.whale.to/cancer/doctors.html

The American Anti-Cancer Institute

A web resource, created in 2008 with the belief cancer is nearly 100% preventable and reversible when people have precise knowledge of what to do.

www.americanaci.org

CancerTutor.com

This site has hundreds of articles including complete protocols for advanced cancer patients.

www.cancertutor.com

dminder

Wherever you go in the world, dminder tracks the sun and tells you when you can get Vitamin D. Also, available as a phone app.

www.dminder.ontometrics.com

GreenMedInfo.com

Run by Sayer Ji, this is “the worlds most widely referenced, open access, natural medicine database,” where you can access studies and summaries. They also send out a daily email about timely health issues.

www.greenmedinfo.com

The Juice Lady

Cherie Calbom “is a leading authority on juicing for health and detoxification. Known as The Juice Lady, TV chef, and celebrity nutritionist, she has helped in pioneering the fresh juice movement around the world.”

www.juiceladycherie.com

Cancer Tutor

A grassroots website with information on alternative and natural approaches to cancer.

www.cancertutor.com

LessEmf.com

An online store for EMF (electromagnetic field) meters, shielding products, Schumann devices, and books and videos.

www.lessemf.com

Mercola.com

Dr. Joseph Mercola sends out a daily email that re-examines many aspects of standard medical practice. The site has a huge archive of articles; search it for almost any subject and you will access a great wealth of enlightened information. This is the most accessed alternative-health website on the Internet.

www.Mercola.com

The Moss Report (Available for specific types of cancer)

www.cancerdecisions.com

The Organic Center

Numerous downloadable reports on nutritional quality of organic versus conventional food, the impact of GMOs and pesticides, identifying smart food choices, and more.

<http://organic-center.org/scientific-resources/publication-archive>

Organic Consumers Association

Access a substantial directory of green and organic businesses throughout the United States, everything from food and home furnishings, to holistic dentists and travel sites.

<http://organicconsumers.org/btc/BuyingGuide.cfm>

The Truth About Cancer

Doctors, researchers, experts and survivors show you exactly “how-to” prevent and treat cancer in “**The Truth About Cancer: A Global Quest**

Articles, newsletters, and conferences are available for educational purposes.

www.thetruthaboutcancer.com

QUEST to CURE CANCER

www.questtocurecancer.com

The Quest to Cure Community provides information on protocols and healing.

Organizations

American Academy of Environmental Medicine (AAEM)

Non-profit medical society committed to educating physicians on the cause and effect relationship between environment and ill-health.

www.aaemonline.org 316-864-5500

Academy of Complementary Integrative Medicine (ACIM)

<http://www.acimconnect.com>

The ACIM supports the healthcare paradigm of wellness by restoring hope, empowering people, training and supporting practitioners, conducting research, and implementing therapeutic innovations. Provides a “Find Health Professional” resource.

American College for Advancement in Medicine (ACAM)

“The voice of integrative medicine.” This long-established organization is focused on advancing the cause of integrative medicine and disseminating cutting edge information on the prevention and remission of disease. Also, has a substantial directory of natural practitioners.

www.acam.org 888-439-6891

The American Association of Naturopathic Physicians

The American Association of Naturopathic Physicians (AANP) is the national professional society representing licensed naturopathic doctors. Physician members are graduates of naturopathic medical schools accredited by the Council on Naturopathic Medical Education.

Members also include naturopathic medicine students, other health care professionals and corporate members who collectively strive to advance the profession of naturopathic medicine nationwide. Provides a “Find a Naturopath” resource.

www.Naturopathic.org

Annie Appleseed Project

Features information on natural therapies and substances, lifestyle issues, complementary and alternative medicine (CAM) from a patient's perspective. Features a yearly conference for the public.

www.annieappleseedproject.org

BeatCancer.org

BeatCancer.Org serves adults with cancer and children via legal guardian or caregiver, through education, coaching, counseling, resources, referrals and support, with a particular focus on those who have become emotionally or physically disenfranchised as a result of their treatment. The organization's Patient Services Program, implemented by a well-trained and knowledgeable staff, offers to the individuals we serve many opportunities to attain high quality of life and sustained wellness through personalized guidance.

www.BeatCancer.org

Best Answer for Cancer Foundation

Providing prevention, education, awareness, options, and support to patients and physicians dealing with cancer. Directory of IPT and integrative cancer physicians in the United States and around the world.

www.bestanswerforcancer.org and www.ioicp.com

Breast Cancer Prevention Partners

Its mission is to “expose and eliminate the environmental causes of cancer. We can stop this disease before it starts.” Has a free, downloadable report, “State of the Evidence,” that is updated periodically and is an excellent source of environmental considerations for cancer.

www.bcpp.org

(Formerly: Breast Cancer Fund) 866-760-8223

Breast Cancer Choices, Inc.

A nonprofit organization scrutinizing and reporting the evidence for breast cancer procedures and treatments.

www.breastcancerchoices.org

Cancer Control Society

Holds a large annual conference with more than 50 speakers on alternative cancer treatment. This conference is for professionals and the public. Presentation videos are available online. They offer a “green sheet” with alternative physicians and a “white sheet” with patient testimonials.

www.cancercontrolsociety.com

323-663-7801

Cancer Crackdown

“Our mission is to be the trusted source of knowledge regarding natural therapies to defeat cancer and remain cancer free. We partner with fighters and survivors by supporting and navigating them through their battle.”

<http://cancer crackdown.org>

CANHELP, Inc.

Information and support service for lifesaving alternative cancer therapies and complementary cancer treatments.

www.canhelp.com

800-364-2341

Center for Advancement in Cancer Education

Providing research-based education on how to prevent, cope with, and beat cancer through diet, lifestyle, and other immune-boosting approaches.

www.beatcancer.org

888-551-2223

The Coconut Research Center

Bruce Fife, ND, has a repository of research, articles, and books here about the many benefits of foods derived from coconuts.

www.coconutresearchcenter.org

The Cornucopia Institute

This organization works to “empower farmers and consumers in support of ecologically produced local, organic, and authentic food.” Produces reports – scorecards – on how much integrity exists in the “organic” label, which corporations own organic brands, and more.

<http://www.cornucopia.org/category/reports>

The Cure Research Foundation

An additional source for information on alternative treatments, integrative practitioners, and open-minded oncologists. Provides a partial list of clinics inside and outside the U.S.

www.cancure.org 800-282-2873

Eat to Beat Cancer

Founded in 1994, the Angiogenesis Foundation is “the world’s first nonprofit organization dedicated to conquering disease using a new approach based on angiogenesis, the growth of new capillary blood vessels in the body. Find information on cancer fighting foods based on the latest medical science.”

www.eattobeat.org

Environmental Working Group (EWG)

A health research and advocacy organization with top-notch reports. Check out the “Skin Deep Database” with safety information about more than 72,000 products and their ingredients. Also, see their guides to pesticides and cleaning products, their “Dirty Dozen” and “Clean 15” guides to fruits and vegetables, and their “Body Burden” studies on the chemicals inside us.

www.ewg.org

Foundation for Alternative and Integrative Medicine

FAIM disseminates information on new frontiers in science and medicine and encourages adoption of cost effective therapies through global networking, conferences, publishing books, and Internet website postings. Under the “Investigations and Activities” tab, click CANCER.

www.nfam.org

info@FAIM.org

The Gerson Institute

A non-profit organization in San Diego, California “dedicated to providing education and training in the Gerson Therapy, an alternative, non-toxic treatment for cancer and other chronic degenerative diseases.” They have clinics in Tijuana, Mexico, and Hungary.

www.gerson.org

Hunt Gather Grow Foundation

Their mission is to bring together real food communities of people “hunting for nutritional wisdom... We believe that real food is foundational to health and healing throughout our lives.” They feature local chapters.

www.huntgathergrowfoundation.com

Integrative Health International

Integrative education to help prevent, heal, and reverse degenerative diseases. Features a yearly “Integrative Health Conference” for the public.

info@integratedhealthinternational.com

888-848-0142

Life Extension Foundation

“Global authority on nutrition, health, and wellness.” A good source of tests you can order without a doctor’s referral. Partial directory of doctors with an interest in innovative and alternative therapies.

www.lef.org/health-wellness/innovatedoctors

800-678-8989

National Center for Homeopathy

Directory of physicians who take an integrative approach, tailored to the individual situation: (1) post treatment recovery, (2) preventing recurrence, and (3) symptom relief in terminal situations and an improved quality of life for as long as possible. Homeopaths determine remedies that fit the particular patient at a particular point in time.

www.nationalcenterforhomeopathy.org

Nutritional Therapy Association

Since 1997, the Nutritional Therapy Association has been on a mission to be the transformative educator of Nutritional Therapy, meaning how the use of properly prepared whole foods nourish our bodies and restore good health.

www.nutritionaltherapy.com

800-918-9798

Occidental Institute Research Foundation

OIRF is a non-profit functioning “as an information and technology bridge linking top German practitioners and suppliers involved in aspects of German Biological Medicine with progressive English-speaking practitioners around the world” with an emphasis on energetic medicine.
www.oirf.com

Oncology Association of Naturopath Physicians (OncANP)

Naturopathic physicians specializing in naturopathic oncology. OncANP initiated a credentialing process for naturopathic doctors in 2006.
www.oncanp.org

People Against Cancer

A grassroots website describing treatment options for people with cancer.
www.PeopleAgainstCancer.org 800-662-2623

The Price-Pottenger Nutrition Foundation (PPNF)

A non-profit education foundation “committed to reversing the trend of declining health in our modern world. We teach both the public and health professionals the proven principles from nutrition pioneers Dr. Weston A. Price, Dr. Francis M. Pottenger, Jr., and other leading health experts.” Provides a directory of healthcare practitioners who are PPNF members.
www.ppnf.org 800-366-3748

Society for Integrative Oncology (SIO)

WWW.INTEGRATIVEONC.ORG

SIO is a professional organization for integrative oncology. They support communication, education, and research by bringing together practitioners from multiple disciplines focused on the care of cancer patients and survivors. Provides a “Find a Physician” resource.

SOPMed USA

Society of Progressive Medical Education. Director Tom Lowe offers professional training on the use of ozone therapies. Their website, www.drsozone.com, has information for the non-professional and how to find a practitioner.
www.sopmed.org

Tahoma Clinic Foundation

A nonprofit organization in Tukwila, Washington founded by Jonathan V. Wright, M.D., “dedicated to promoting the enormous potential of nutritional therapy and natural medicine.” Dr. Wright has clinics in the Puget Sound area.
www.tahomaclinic.com/tahoma-clinic-foundation

The Weston A. Price Foundation (WAPF)

A non-profit organization dedicated to “restoring nutrient-dense foods to the human diet through education, research, and activism” and teaching the optimum characteristics of human diets.
www.westonaprice.org

Insulin Potentiated Therapy

www.bestanswerforcancer.org

www.IPTforcancer.com

www.iptq.com

Cancer Clinic Tours

Cancer Control Society – Tijuana Clinic Tours
frankcousineau@yahoo.com

Cancer Health Tours – Available by Appointment
getwell@healthtours.com 619-475-3834

Biological Dentistry

Consumers for Dental Choice

Founded in 1996. Through advocacy, lobbying, and education, it works to phase out the use of amalgam, a 50% mercury product, worldwide. Has a searchable database.

www.toxicteeth.org

Dental Amalgam Mercury Solutions (DAMS)

DAMS is “a leading non-profit group educating the public on this issue in the US and Canada. Dental amalgam mercury fillings are the greatest source of mercury for the adults who have them.”

www.dams.cc

Holistic Dental Association

Since 1978, the Holistic Dental Association has been providing support and guidance to practitioners of holistic and alternative dentistry, as well as informing the public of the benefits of holistic dentistry. Has searchable database of members.

<http://holisticdental.org>

Huggins Applied Healing

Dr. Hal A. Huggins discovered that standard dental practices, such as root canals and the use of mercury fillings, are the cause of many unexplained diseases and symptoms. Find a dentist utilizing the famed protocol of Dr. Huggins.

www.hugginsappliedhealing.com 866-948-4638

International Academy of Biological Dentistry and Medicine (IABDM)

Directory of network physicians and allied health professionals who acknowledge the whole-body effects of dental materials, techniques, and procedures. Members are committed to fluoride-free, mercury-free, and biocompatible dental materials.

www.iabdm.org 281-651-1745

International Academy of Oral Medicine and Toxicology (IAOMT)

Members promote the use of mercury-free dentistry and therapeutic approaches. Check out the short video entitled “*Smoking Teeth*” which demonstrates the release of mercury vapor from amalgam fillings. See the video at: <http://iaomt.org/mercury>.
www.iaomt.org

International Association of Mercury Safe Dentists (IAMSD)

Search the list of Dr. Tom McGuire's Mercury Safe Dentist dentists at https://dentalwellness4u.hostasaurus.com/freeservices/find_dentists.html

Talk International

“The source for the mercury toxicity issue since 1997.” Discusses health concerns about mercury and fluoride. Provides an international directory for holistic dentists, mercury free dentists, and biological dentists as well as a partial directory of holistic physicians and alternative health care practitioners in the U.S., Canada, and the Bahamas.

www.talkinternational.com 310-208-1158 or 888-708-2525

Books / Reports

Cancer-Free! Are You Sure?

Your go-to guide for cancer tests and integrative therapies

By Jenny Hrbacek, RN, October 2018

Tripping over the Truth: The Return of the Metabolic Theory of Cancer Illuminates a New and Hopeful Path to a Cure

By Travis Christofferson, 2014

Lays out why the cure for cancer has eluded us as we looked for genetic causes – we’ve been looking in the wrong places because it is a metabolic disease.

Fight Cancer with a Ketogenic Diet – A New Method for Treating Cancer

By Ellen Davis, 2014

www.ketogenic-diet-resource.com

Cancer is a Metabolic Disease: The Origin, Management, and Prevention of Cancer

by Thomas Seyfried, 2012

Winning the War on Cancer: The Epic Journey Towards a Natural Cure

Sylvie Beljanski, 2018

Healthy to 100: The Ultimate Guide to Bullet Proofing Your Body Against Disease, Eliminating Pain, Burning Fat, and Living Longer Stronger

DocOfDetox – Dr. Darrell Wolfe, 2015

Fat for Fuel: A revolutionary Diet to Combat Cancer, Boost Brain Power, and Increase Your Energy

By Joseph Mercola, 2017

Thrive – Don't Only Survive, Dr. Geo's Guide to Living Your Best Life Before and After Prostate Cancer.

By Dr. Geo Espinosa, 2016

Heal Breast Cancer Naturally: 7 Essential Steps to Beating Breast Cancer

By Dr. Veronique Desaulniers, 2014

The Metabolic Approach to Cancer

Dr. Nasha Winters and Jess Higgins Kelly, 2017

The Modified Keto Cookbook

By Dawn Marie Martenz and Beth Zupec-Kania, RDN, CD, 2016

The Healing Platform-Build Your Own Cure

By Annie Brandt, 2016

The Case Against Sugar

By Gary Taubes, 2016

Eat Fat, Get Thin: Why the Fat We Eat Is the Key to Sustained Weight Loss and Vibrant Health

By Dr. Mark Hyman, 2016

Soda Politics: Taking on Big Soda (and Winning)

By Marion Nestle, 2015

The Disease Delusion

By Dr. Jeffrey Bland, 2014

Unlock the Power to Heal

By Robert Scott Bell and Ty Bollinger

Stage Four Cancer Gone!

By Shirley Williams, 2014

<http://shirleymwilliams.com/book>

Earthing: The Most Important Health Discovery Ever?

By Clint Ober, Dr. Stephen Sinatra, Martin Zucker; 2014

America's Best Cancer Doctors and Their Secrets

By Frank Cousineau and Andrew Scholberg, 2014

The Fourth Phase of Water: Beyond Solid, Liquid, and Vapor

By Dr. Gerald H. Pollack, 2013

Defeat Cancer Now: A Nutritional Approach to Wellness for Cancer and Other Diseases

By Tamara St. John, 2013

www.tamarastjohn.com/#!/books/cnec

The Cancer Journal – Heal Yourself!

By Lisa Gail Robbins, 2013

Cancer Cure and Survivor Stories

By Lisa Gail Robbins, Elaine Cantin et al; 2013

The Trinity Diet – Lifestyle Balancing Body, Mind and Spirit

By Steve Steeves, 2013

Salt Sugar Fat: How the Food Giants Hooked Us

By Michael Moss, 2013

The Blood Sugar Solution Cookbook: More than 175 Ultra-Tasty Recipes

By Dr. Mark Hyman, 2013

Cancer as a Metabolic Disease - On the Origin, Management, and Prevention of Cancer

By Dr. Thomas N. Seyfried, 2012

The Fat Switch

By Dr. Richard J. Johnson, 2012

Cancer Killers: The Cause Is the Cure

By Dr. Charles Majors, Dr. Ben Lerner, and Sayer Ji; 2012

The Emperor of All Maladies: A Biography of Cancer

By Siddhartha Mukherjee, 2011

Beta Glucan

By Vaclav Vetvicka, Ph.D.; 2011

The Complete Guide to Alternative Cancer Treatments

A publication of the Alternative Cancer Research Institute, 2011

www.cancerdefeated.com

Reducing Environmental Cancer Risk – What We Can Do Now

2010 candid report by The President’s Cancer Panel. “[The state of environmental cancer research, policy, and programs addressing known and potential effects of environmental exposures on cancer.”

http://deainfo.nci.nih.gov/advisory/pcp/annualReports/pcp08-09rpt/PCP_Report_08-09_508.pdf

World Without Cancer

By G. Edward Griffin, 2010

The End of Overeating: Taking Control of the Insatiable American Appetite

Dr. David Kessler, 2010

Customized Cancer Treatment: How a Powerful Lab Test Predicts Which Drugs Will Work for You – and Which to Avoid

By Ralph Moss, 2010

Adios! Cancer

How the rich and poor alike beat cancer at clinics south of the boarder; available as a book and digital download.

By Frank Cousineau and Andy Scholberg, 2010

www.cancerdefeated.com/amish-secret

Healing Is Voltage: The Handbook (3rd Edition)

By Dr. Jerry Tennant, 2010

Knockout

By Suzanne Somers, 2010

Healing the Gerson Way: Defeating Cancer and Other Chronic Diseases

By Charlotte Gerson, Beata Bishop, et al; 2009

You Can Beat the Odds: Surprising Factors Behind Chronic Illness & Cancer

By Brenda Stockdale, 2009

Cruise Ship or Nursing Home

By Ben Lerner, Greg Loman, Charles Majors, Chris Pellow, and Eric Shuemaker; 2009

German Cancer Breakthrough

The first English language guide to German cancer clinics.

By Andrew Scholberg, 2008

Cancer Breakthrough USA!

A guide to alternative clinics.

By Frank Cousineau with Andrew Scholberg, 2007

www.cancerdefeated.com/ABCD/vsl-way.php

Cancer Is a Fungus

By Dr. T. Simoncini, 2007

www.cancerisafungus.com

The Secret History of the War on Cancer

By Devra Davis, 2007

Cancer - Step Outside the Box

By Ty Bollinger, 2006

The Truth about Cancer – What you need to know about cancer’s history, treatment and prevention

By Ty Bolinger, 2017

The Cancer Revolution – A Ground Breaking Program to Prevent and Reverse Cancer

By Leigh Erin Connealy, MD, 2017

Cancer Free - Your Guide to Gentle, Non-toxic Healing

By Bill Henderson and Carlos M. Garcia, M.D.; 2006

Farmer John's Cookbook: The Real Dirt on Vegetables

By Farmer John Peterson and Angelic Organics, 2006

The Germ that Causes Cancer

By Doug A. Kaufmann, et al; 2005

Beating Cancer with Nutrition

By Patrick Quillin, 2005

Holy Cows and Hog Heaven: The Food Buyer's Guide to Farm-Fresh Food

By Joel Salatin, 2005

The Rosedale Diet

By Ron Rosedale, M.D.; 2004

The Untold Story of Milk

By Dr. Ron Schmid, 2003

Nourishing Traditions: The Cookbook that Challenges Politically Correct Nutrition and the Diet Dictocrats

By Sally Fallon and Mary Enig, Ph.D.; 2003

Nutrition and Physical Degeneration

By Weston A. Price, D.D.S.

Why Stomach Acid Is Good for You

By Jonathan Wright, M.D., and Lane Lenard, Ph.D.; 2001

7-Day Detox Miracle

By Peter Bennett, N.D., and Stephen Barrie, N.D.; 2001

Living Downstream – An Ecologist Looks at Cancer and the Environment

By Sandra Steingraber, 1997

Pottenger's Cats

By Dr. Francis M. Pottenger, Jr.; 1995

Cancer and Vitamin C: A Discussion of the Nature, Causes, Prevention, and Treatment of Cancer with Special Reference to the Value of Vitamin C

By Ewan Cameron and Linus Pauling, 1993

The Believer's Authority

By Kenneth E. Hagin, 1985

Pure, White, and Deadly: How Sugar Is Killing Us and What We Can Do to Stop It

By John Yudkin, 1972 (back in print as of 2013)

Videos / TV

The Beautiful Truth – The All-Natural Treatment for Cancer and Chronic Disease

www.gersonmedia.com

Cancer Conquest: The Best of Conventional and Alternative Medicine

www.burtongoldberg.com

Cancer Doesn't Scare Me Anymore!

www.drday.com

Cut, Poison, Burn – In the War on Cancer, the Disease Is Only Half the Battle

<http://cutpoisonburn.com>

Doug Kaufmann's Know the Cause

Doug Kaufman is the host of the TV show, "Know The Cause." Find information about fungus and its connection to your health. Also, learn about the Phase Kaufmann One-Phase and Phase Two diets. Both are designed to alleviate the body of parasitic fungi, while simultaneously providing suburb nutrition. Find lots of tasty recipes.

www.knowthecause.com

Fat, Sick & Nearly Dead

www.fatsickandnearlydead.com

Food Matters

Online nutritional information: DVDs, videos, detox, recipes, clinics, juicing, etc.

www.foodmatters.tv

Fluoridegate – An American Tragedy

www.fluoridegate.org

Heal Yourself, Heal the World – The Legacy of Dr. Max Gerson

www.gersonmedia.com

Healing Cancer from Inside Out

www.ravediet.com/caDVD.html

Hungry for Change – Your Health Is in Your Hands

Food Matters – You Are What You Eat

www.foodmatters.tv

ihealthtube.com

This has many short, helpful videos on cancer and a variety of other health issues.

<https://www.ihealthtube.com/cancer>

Sugar: The Bitter Truth, 2009

By Robert Lustig, professor of pediatric endocrinology at the University of California

<https://www.youtube.com/watch?v=dBnniua6-oM>

The 2013 follow up talk is at: <https://www.youtube.com/watch?v=ceFyF9px20Y>

The Ten Americans (3-part series)

By Ken Cook of Environmental Working Group

<http://www.ewg.org/news/videos/ken-cook-environmental-working-group-presents-ten-americans-part-1>

Truly Heal from Cancer

www.trulyheal.com

The Truth About Cancer

Resource for information on cancer causes and non-toxic treatments, plus lots more. Check out their documentary series where Ty Bollinger interviews experts from around the world.

www.thetruthaboutcancer.com

Why Are We Losing the War on Cancer?

<http://products.mercola.com/cut-poison-burn-dvd>

Food

KETO TO GO

A on-line source for low-carb foods, meals, soups, fat bombs, breads, and more. All delivered to your door. Gluten Free.

www.KETO-TO-GO.com

CORE and SOUL

When you don't have time to juice, use a convenient packet of CORE that contains chlorophyllin, aloe vera, spirulina, wheat grass, cranberry seed, milk thistle seed, kale, black cumin seed, chlorella, and dandelion. No mixing required; it's ready to drink. Simply add it to a glass of clean water. Another option is the tasty, edible seed-based product called SOUL. It comes in a convenient single serve packet. Each packet contains black cumin seed which has been shown to reduce inflammation and contribute to better health. Soul is consumed straight from the packet. Great for travel.

www.myrainlife.com/cancerfreeareyousure

Eat Wild

Author Jo Robinson's website "has been providing information about the benefits of choosing meat, eggs, and dairy products from pastured animals since 2001." Has a state-by-state listing of where to find food from "animals and the land that are well-treated, that their products are exceptionally high in nutrition, and free of antibiotics and added hormones." Many farmers ship to other states.

www.eatwild.com/products/index.html

Guiltless Convenience Superfood Solutions

Want bread or tortillas, a pizza or muffins, or even a special occasion cookie? Here is a great resource for grain-free, gluten-free, yeast-free, sugar-free, and low glycemic options. You buy in bulk because the seed flour is freshly ground and the food is shipped frozen, right to your door. Just thaw and eat, or heat and eat. Made in the USA.

www.GuiltlessSuperfoods.com Call or enter Promo Code: "Cancer Free" for 10% off.

Local Harvest

Use this website to find farmers' markets, family farms, and other sources of sustainably grown food in your area, where you can buy produce, grass-fed meats, and many other goodies.

www.localharvest.org

Tropical Traditions

Best known for their coconut oils. They also have other oils, organic teas, wild caught fish, grass fed meats, skin care products, and much more.

www.tropicaltraditions.com

Wild Mountain Paleo Market

Largest on-line seller of fermented foods.

www.wildmountainpaleo.com

Unique Products

Crunchi Make-up

Crunchi is a revolutionary line of high performance, safe, and toxin-free cosmetics that are redefining beauty. Crunchi products are made with a combination of certified organic, and EcoCert ingredients.

www.crunchi.com/lizsandt

Argentyn 23 Silver

Silver is a time-honored antibiotic, antifungal. But it must be well made. Argentyn 23 is the professional line, and Sovereign Silver is the consumer line available in many health food stores.

Cool Caps

Cool caps are like a thick swimming cap that you wear on your head before, during, and after a chemo session. They chill your scalp, constricting the blood vessels which is thought to reduce the amount of chemo that reaches the hair follicles and prevent the hair from falling out. There are several companies offering the caps. Check out www.chemocoldcaps.com

Herbalix Restoratives

Their personal care products have no chemicals, parabens, phthalates, petroleum, aluminum or fillers. Their approach is topical detoxing – think skin purging. With deodorants, for example, any type of aluminum, alum, petroleum, or propylene glycol, can lead to the buildup of chemicals under arms, resulting in irritation, hygiene problems, or worse. They have a nighttime underarm detox in addition to regular, daytime deodorants. Plus, shampoo, soap, moisturizers, and salves.

www.herbalix.com _

Hydrogen Enriched Water

The Echo® Water Ionizer hooks up to your kitchen sink. It filters water to remove chlorine, chloramines, soluble metals like mercury and lead, pesticides, bacteria, viruses, algae, fungus, and it filters out 50% of fluoride. Then molecular hydrogen (H₂) is added which is a “selective antioxidant.” It targets free radicals, converting them to harmless water. It can also prevent oxidative stress by increasing the body’s own antioxidants such as glutathione. Read more at www.synergyscience.com. Call 800-337-7017 to order. Mention *Cancer Free! Are You Sure?* and get 10% off.

Keto-Crave™ Energy Bars (Cacao Almond Flavor)

A favorite keto bar! Available on Amazon and www.zenwiselabs.com



Regulation Thermography - Now in studies at Harvard, capturing algorithms of various cancers.

Daniel Beilin OMD

Alfa Thermodiagnostics

www.alfathermo.com

Updated June 2018

CANCER FREE 
UNIVERSITY

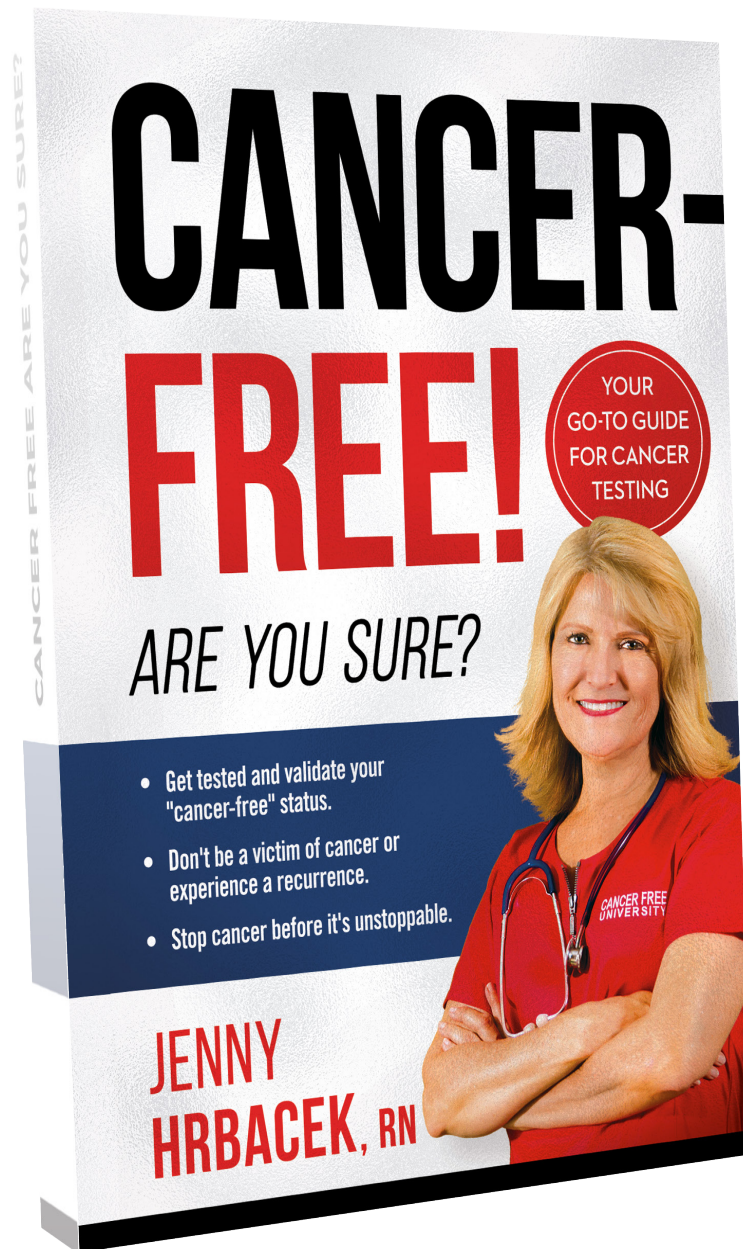
FOR 50% OFF ENROLLMENT

Use Coupon Code: CANCER50

ON THE PAYMENT SCREEN



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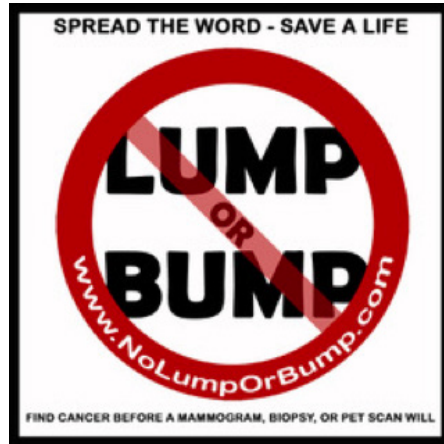
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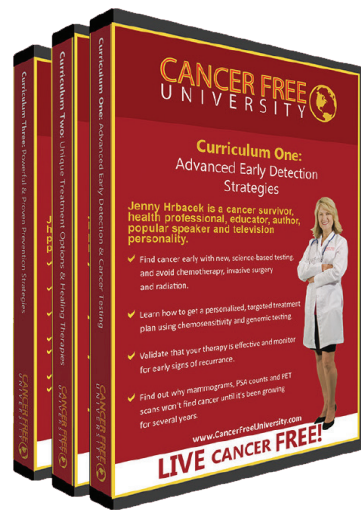
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